

We Love BABIES at FFMC!

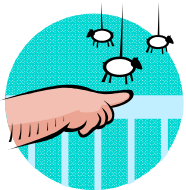
Your family is important to us!

We want to make your little one as comfortable as possible. We believe the nursery ministry provides children with their first impression of God's extended loving family at church. With that in mind we will do our best to provide a wonderful nursery experience for little ones and we want to partner with families and celebrate every growth step along the way.

We love our volunteers! We would like to invite you to serve with us. Many hands make a happy nursery! Please contact Sara or Alisha, Nursery Coordinators, or Pastor Jan through the church office.

Thank you for supporting our program. We pray First Free Methodist Church will be a wonderful community of growth and support for your family.

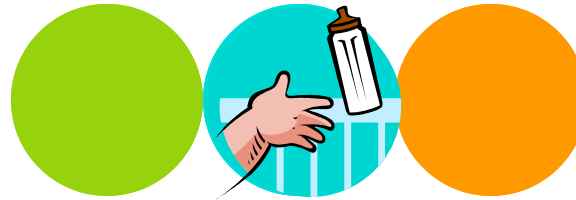
~Pastor Jan



Sunday Nursery Hours:
9:15am – 12:30pm
Special Functions: To be announced

Family Ministries at FFMC:

Our mission is to provide a nurturing, safe and fun environment where children and families can experience God's love, develop a solid Biblical foundation, and grow in relationship to Christ and with others.



Let the little children come to me, and do not hinder them...

**first free methodist church
welcomes you to:**

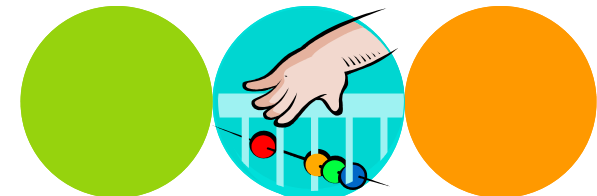


First Free Methodist Church
3200 3rd Ave W Seattle, WA 98119
206-281-2240 | www.ffmc.org

Sara Wetzel & Alisha Bilderback
Nursery Coordinators

Jan Pendergrass
Pastor of Children and Families

...the kingdom of heaven belongs to such as these. Mt. 19:14



OUR GOAL: to provide a safe, nurturing, God-honoring and loving environment for infants to two year olds.

Separation is easiest for your child if done quickly and with clear communication to your child that you will be back to pick him/her up soon.

Be assured that our staff is prepared to comfort infants and toddlers experiencing “separation anxiety” and that it is perfectly normal for some children to cry and become anxious when separated from a parent. We suggest you kiss your child, cheerfully say goodbye, and then leave the nursery promptly. Our policy is to contact you if your child is not calm within ten minutes.



GENERAL GUIDELINES:

- The nursery is open 15 minutes prior to scheduled services.
- Please be sure to sign-in each week at the counter and have a completed registration sheet on file.
- We will release children only to parents unless specified otherwise.
- Please be discreet should you need to check on your child.
- Thank you for indicating on the sign-in sheet where you will be during the service so we can find you if needed.
- To avoid mix-ups, please label your child’s belongings including: diaper bag, bottles, pacifiers, drinking cups, clothing, blankets, etc.

Cleanliness is next to Godliness!

- Frequent hand washing is required of our volunteers and hand sanitizer dispensers are supplied.
- All toys and surfaces are disinfected after each session.
- If you need to enter the nursery, please remove your shoes to help us keep the area clean.



“We shall all be changed!”

- Diapers are checked and changed as needed.
- Please inform us if your child is potty-training and we will do our best to support the effort! Please provide extra clothing—just in case!

Food Policies:

- Babies will be fed pre-measured formula, milk, or water as provided only by the parent. Please send drinks in plastic bottles or cups **with their names clearly labeled on them.**
- Toddlers will be provided with a snack of Kix or Rice Chex, but please inform us if they should not be served food.
- If your child should need a snack other than what we provide for them, please make arrangements with the nursery coordinators.

If your child has any food allergies, please be sure to indicate this on all forms.

Personal Attention is Important!

Our target for the nursery is an adult-child ratio of 1 to 3.

Clothing hints:

- For your child’s comfort and enjoyment, it is suggested that he or she be dressed in comfortable, machine-washable clothing that will not restrict free movement. Our nursery tends to be rather warm.
- Please include a change of clothing each time your child comes to church. Spilling or soiling may occur and they will be much happier if they have familiar clothes to wear.



ILLNESS:

In order to insure the safety and health of other babies and workers, please refrain from bringing your child if he or she has had any of the following symptoms within the past 24 hours:

- *Fever*
- *Rash*
- *Vomiting*
- *Chest cough*
- *Diarrhea*
- *RSV*
- *Runny Nose (other than a slight, clear drip)*
- *Open Sores (mouth sores, etc.)*
- *Drainage (possibly conjunctivitis or pink eye)*
- *Other signs suggesting illness: lethargy, irritability, persistent crying, difficulty breathing or any other manifestations of possible illness.*

**No medications will be administered by our nursery staff or volunteers. (This includes Orajel.)*